

Programme for 2017

Wednesday 25th January

Map Reading Theory

For those who may be interested I will be running a couple of basic map reading skills sessions. Nothing high level, more a general familiarisation with OS mapping at the start of the season to provide a little more confidence and enjoyment when out walking. We'll look at the information the map can provide us from the features and symbols printed, grid references as well as an introductory look at the basic use of the compass. This we'll do in the warmth of indoors with the odd beverage and nibble to hand!

We'll then do a second session on the Downs to put theory into practice - A short local walk, probably 2-3 hours, concentrating on interpreting what's on the map to what we see around us and what we're expecting to see as we walk.

Currently the planned dates are:

Wednesday 25 Jan (could change date depending on level of interest and peoples availability) - 19:30 - for the 'theory' session - 192 Goring Road, BN12 4PQ

Saturday 28 Jan - I will have to change this date due to another engagement but before deciding on another date I want to gauge interest and can then jointly agree a mutually convenient date

So if you're interested (even if you cannot make the planned dates) please get back to me so that I can firm up on dates and times etc

Regards

Guy

Organiser: Guy Rogers

email: guy@highdownhmc.org.uk

Saturday 28th January
Lancing
Day Walk

Map Ref: W 0.32148224
N 50.84401746

TQ 182 062

Meet at Lancing Ring Car Park GR TQ 182 062 – at 10.00a.m.

The walk is about 8.5 miles. Starting from Lancing Ring car park the route takes us past Lancing Ring, over Steepdown Hill & up past the model aeroplane field to join the South Downs Way which we follow to St Botolphs. The route then crosses the River Adur & follows the riverbank back to the Old Toll Bridge at Shoreham, returning to the start via Lancing College & Hoe Court.

There will be cake at the end of the walk!

Please could people let Jean know by 26th January if they intend to join us.

Organiser: Jean Brooks

email: jean@highdownhmc.org.uk

Closing date for booking 26th January

Saturday 4th February
Maypole Inn, Yapton

Map Ref: W 0.612821
N 50.828832

SU 981 041
BN18 0DP

Skittles Evening

Meet at 7.00 pm for 7.30 at the Maypole Inn, Maypole Lane, Yapton, Arundel.

The cost of the evening is £8.50 per person and covers the cold buffet and skittles.

Reserve your place now by sending a cheque to Chrissie using the pro-forma.

Meals cannot be guaranteed if not booked and paid for in advance! Non attendance on the day will incur loss of payment.

This promises to be fun and a chance for like minded walkers to get together. We look forward to seeing you there.

Organiser: Chrissie Dixon

email: chrissie@highdownhmc.org.uk

Closing date for booking 28/1/2017

Saturday 4th March
The Dover

Map Ref: W 0.49466013
N 50.84744174

TQ 060 064

Day Walk

We'll start at 10.00am sharp from The Dover car park, Map Ref: TQ 060 064, and head North to Rackham Hill via Barpham Hill. After a short portion of the South Downs Way, overlooking Amberly, we will head back South to return.

The walk is about 11½ miles and should take about 5 hours, so bring along a packed lunch.

Please contact the organiser if you plan to join us.

Organiser: Malcolm Fendick

email: malcolm@highdownhmc.org.uk

Thursday 23rd - Sunday 26 March
White Peak, Peak District

Map Ref: W 1.805608
N 53.052953

SK 131 506
DE6 2AZ

Weekend Trip

We will offer three days walking in the White Peak area of Derbyshire which has a stunning and varied landscape. The White Peak is known for its gently rolling limestone plateau, dissected by limestone dales. In many places the dales are steep-sided and contrast sharply with the plateau land above, whilst in other places the plateau grades more gently into shallow dales.

We'll be staying in high quality accommodation located in an 18th century stable block which originally formed part of the Ilam Hall Estate. The estate is now managed by the National Trust and the bunkhouse sits within the grounds just north of Ashbourne. The club have exclusive use of the accommodation & will offer the Merry meals rotas for catering. Walks will be organised to offer a range abilities and varied walking taking in the best of Lathkill dale, Bradford dale, Manifold valley & Dovedale.

Accommodation : Ilam Bunkhous

Cost (approx) : £75 - £90 to include shared transport, Accommodation: 3 breakfasts & two evening me

Deposit : £35 to R Wilton by 10 Jan 2016 please.

Organiser: Richard Wilton

email: richard@highdownhmc.org.uk

Closing date for booking 31/1/2017

Thursday 20th - Sunday 23rd April
Yorkshire Dales

Map Ref: W 2.203806
N 54.303528

SD 867 897,
DL8 3LQ

Weekend Trip

A progressive walk set in the beautiful Yorkshire Dales. You'll most definitely be walking in James Herriot country; in fact, just 5 miles east of our first night's accommodation is the town of Askrigg, which doubled as the fictional village of Darrowby in the television series 'All Creatures Great and Small'.

Travelling up on the Thursday to stay at a YHA in Hawes; the walk on Friday takes us on the Pennine Way via Great Shunner Fell (3rd highest mountain in the Yorkshire Dales) and then on to the village of Keld for our second night's "luxury" Bunkbarn accommodation. Saturday sees us heading east, over to our third night's accommodation in Low Whita near Reeth and the Sunday will be a shorter walk over to the picturesque Castle Bolton and picking up our cars before heading home.

Club veteran and treasurer Richard "Sherpa" Carlisle has very kindly agreed to "support" this trip, meaning that we will only have to carry day packs each day – but you will still have to "pack light".

Accommodation : YHA / Bunkhouse / Luxury Yurt perhaps

Cost (approx) : £145 to include shared transport, accommodation, 3 breakfasts, 1 evening meal on Saturday. Independent travellers - £85

Deposit : £65 to Organiser by 25th February 2017 please.

Start : Hawes YHA, Lancaster Terrace, Hawes, North Yorkshire, DL8 3

Please note the trip number is strictly limited to 12, unless some are prepared to camp on the last night!; the car shuttling we have planned at the start/end may not be available to independent travellers depending on number of cars going, although we will do our very best!

Organiser: Alison Edwards and
Michael Merritt

email: alison@highdownhmc.org.uk

Closing date for booking 25/2/2017

Saturday 6th May

Day Walk

Organiser: Guy Rogers

email: guy@highdownhmc.org.uk

Saturday 20th - Monday 29th May
Skye

Map Ref: W 6.195176
N 57.412724

NG 477 435

Munros of Skye

We are planning a trip to the Isle of Skye between the 20th May and the 29th May.

The objective is to walk/scramble the Munros on the island. Other routes may be available.

We will need a early notification of interest so as to book accommodation.

If you wish to come please e-mail by the 31 December.

Organiser: Mark Hiles

email: mark@highdownhmc.org.uk

Closing date for booking 31/12/2016

Wednesday 31st May

Evening Walk

Organiser: Sally Chambers

email: sally@highdownhmc.org.uk

Thursday 22nd - Sunday 25th June
Wild camping in the Rhinogs

Map Ref: W 3.955785
N 52.853091

SH 683 301

Weekend Trip

***** Note NEW change of date *****

The ultimate Hillwalking weekend does not involve bunk houses or hostels, and costs next to nothing!

Thursday late afternoon/evening we will walk to the picturesque Llyn Morwynion (Lake of the Maids) via the Roman steps path, a distance of 3Km without too much climbing. Here we will establish a camp and use it as a base for the next two days enabling us to adventure abroad without the encumbrance of heavy loads.

On Friday and Saturday we will undertake some spectacular walking in really wild country, ultimately taking in Rhinogs Fawr & Fach (which has been on Mr Merritt's "To Do" list for the longest time!) We plan to camp all three nights, before returning to the cars on Sunday morning.

Depending on the size and makeup of the group we may decide to co-ordinate cooking of the breakfasts and suppers.

Accommodation: Wildcamping only!

Cost (approx): £60 to cover the cost of shared transport.

Deposit (for Group travellers): £10 to Organiser by 1st May 2017

Independent Travellers do not need to send a deposit, but we will need to know if you are intending to come by 1st May please.

Organiser: Trefor Jones & Alison
Edwards

email: alison@highdownhmc.org.uk

Closing date for booking 1/5/2017

Saturday 24th June

Day Walk

Organiser: Christine Craig

email: christine@highdownhmc.org.uk

Friday 7th - Sunday 9th July
Bowerman's Cottage, Dartmoor

Map Ref: W 3.789
N 50.621

SX 736 816,
TQ13 9XA

Weekend Trip

Come with us on a weekend exploring the wild moors and tors of Dartmoor. There will be two day walks, a longer one on the Saturday and shorter one on the Sunday.

We'll be staying at Bowerman's Cottage, owned by Girlguiding Devon, near Manaton on Dartmoor, in a peaceful setting surrounded by beautiful scenery.

The cottage has shared dormitories, each room has a combination of bunk beds and single beds for 6 people. The house has good facilities providing both indoor and outdoor space when we return from our walks.

Cost (approx): £85 to include shared transport, accommodation, 2 breakfasts 1 evening meal.
Independent travellers - £50

Deposit: £30 to Organiser by 31st May 2017 please.

Organiser: Jeannie Worsfold **email:** jeannie@highdownhmc.org.uk

Closing date for booking 31/5/2017

Monday 17th July
Alison's house

Map Ref: W 0.41083
N 50.81471

TQ 120 028

Planning Evening

Bring your ideas along to our programme planning evening and help decide where we will be going and what we will be doing in 2018.

Organiser: Alison Edwards **email:** alison@highdownhmc.org.uk

Sunday 30th July

Day Walk

Organiser: Guy Rogers **email:** guy@highdownhmc.org.uk

Wednesday 2nd August

Evening Walk

Organiser: Michael Merritt **email:** michael@highdownhmc.org.uk

Friday 4th August

Day Walk

Organiser:

email:

@highdownhmc.org.uk

**Friday 25th August - Saturday 9th September
Côte d'Amor and the Côte de Granite Rosé,
Brittany**

Map Ref: W 3.827001
N 48.580623

Foreign Trip

Having walked the section from St Brieuc to Mont St Michel in 2012 it is planned to tackle another section of the GR34 (Brittany Coastal Path) which runs from Morlaix in the west to Mont St Michel in the east, this time starting at the start (Morlaix) and finishing at Tréguier which covers a distance of approximately 134 miles over 10 walking days.

If you do not have time to take two weeks off, worried about the distance or your wallet cannot take it, it is possible to join or leave the trail at several points! Travel is likely to be by overnight ferry from Portsmouth to St Malo. From there trains take you to the start at Morlaix with chance to visit Rennes en-route if the group wishes to and return to St Malo with perhaps a chance to visit the Ile de Bréhat and two nights in St Malo.

The guidebook reckons between 9 and 13 days to complete the distance and for the day when you do not feel like walking there will probably be a public transport option. For accommodation we would probably use a mixture of youth hostels, chambres d'hôte (B & B) or hotels so the gear to be taken can be cut down.

The route is not so severe as parts of the coastal paths in the UK, and gives opportunities for bird watching, botany, swimming as well as a variety of scenery including many sandy bays and of course cliffs. For those of you put off by the more physical foreign trips this would be a good introduction to foreign backpacking!

I would estimate that the cost per night including meals would be about £50 -£65 (depending on how the pound fares against the euro and the type of accommodation) and to this needs to be added transport. The ferry is approximately £160 and the train fares in France about £60.

The proposed dates are from Friday 25 August to Saturday 9 September 2017.

If you are interested please contact me (Tel: 01243 789949, or by email) by 28 February 2017. A deposit will not be necessary at this stage but I do need to know what interest there is so a meeting of interested parties can be held and planning can start.

Organiser:

Michael Merritt

email:

michael@highdownhmc.org.uk

Closing date for booking

28/2/2017

Sunday 24th September

Day Walk

Organiser: Christine Craig **email:** christine@highdownhmc.org.uk

Friday 6th - Sunday 8th October
Brecon Beacons, Wales

Map Ref: W 3.558351 SN 925 074,
N 51.755620 CF44 9UW

Weekend Trip

Come and join us for some lovely Autumn walking in the Cynon Valley on the edge of the Brecon Beacons National Park. Our accommodation will be the comfortable Tyle Morgrug Bunkhouse <http://www.cyat.org/> built originally in the 1840's as a hill farm and set in the Welsh Valleys. The facilities are excellent - after a day in the hills you can't beat a hot shower and a slump on the settee in front of the cosy wood burner. The bunkhouse is also centrally heated and double glazed, has a drying room, and an area for washing muddy kit.

Excellent walks can be done from the bunkhouse including riverside and waterfall walks, gorges, perhaps explore a cave, or tramp into the Black Mountains. We are already familiar with the area having been to this accommodation previously. If you have any walking destinations that you would like to see included we will try to accommodate you; please let the organiser know. There will be a full day walk on the Saturday and at least a half day walk on the Sunday. The bunkhouse location on the southern edge of the Beacons makes for good journey times, approx 3.5 to 4 hours.

Approx cost will be £85 to include shared transport, 1x evening meal, 2x breakfasts. Independent travellers pay approx £45.

Deposit £30 to the organiser by 1 August 2017 please.

Organiser: Debbie Hibberd and Christine Craig **email:** christine@highdownhmc.org.uk

Closing date for booking 1/8/2017

21st or 22nd October

Day Walk

Organiser: Stuart Rowe **email:** stuart@highdownhmc.org.uk

Friday 3rd - Sunday 5th November
Ventnor, Isle of Wight

Map Ref: W 1.185770
N 50.599323

SZ 577 780,
PO38 1RQ

Weekend Trip

All Aboard, we're off to the Isle of Wight!

We are going to stay at the former home of the Victorian Poet Algernon Swinburne, in a beautiful country house just to the East of Ventnor, with direct access to the coast path (and beach!) where we aim to experience another cracking Highdown weekend in style. To keep costs down (as that ferry is rather costly) we are going to be mostly self-catering, but we plan to get Fish and Chips in as we arrive on Friday night.

With such attractions as the Devil's Chimney, St Boniface Down, known locally as the Ventnor Mountain, Bronze Age Barrows on Luccombe Down, and Steephill Cove (a tiny fishing village hidden below cliffs just west of Ventnor and apparently accessible only on foot) it promises a perfect weekend! There's no limit to the number we can take on this trip; we have the place to ourselves and it is quite large!

Don't forget to pack your passport!

Accommodation: The East Dene Centre, Bonchurch Village Road, Ventnor

Cost (approx): £95 to include shared transport, accommodation, 2 breakfasts 2 evening meal.

Independent travellers - £50, although I would prefer to car share as much as possible due to the cost of the Ferry!

Deposit: £30

Organiser: Alison Edwards **email:** alison@highdownhmc.org.uk

Closing date for booking 31/8/2017

Sunday 19th November
TBC – Goring School?

Map Ref: W 0.422147
N 50.813684

TQ 112 027
BN12 4RN

AGM with Cheese & Wine

AGM - Join us for our annual review of our year's walking and help choose our new committee for 2018.

Details to follow.

Organiser: Brian Aldred **email:** secretary@highdownhmc.org.uk

2nd or 3rd December

Day Walk

Organiser: Stuart Rowe

email: stuart@highdownhmc.org.uk
